

# A Dual-Band Compact Integrated Rectenna for Implantable Medical Devices

Shamil H. Hussein, and Khalid K. Mohammed

**Abstract**—This work describes a dual band compact fully integrated rectenna circuit for implantable medical devices (IMDs). The implantable rectenna circuit consists of tunnel diode  $10 \times 10 \mu\text{m}^2$  QW-ASPAT (Quantum Well Asymmetric Spacer Tunnel Layer diode) was used as the RF-DC rectifier due to its temperature insensitivity and nonlinearity compared with conventional SBD diode. SILVACO atlas software is used to design and simulate  $100 \mu\text{m}^2$  QW InGaAs ASPAT diode. A miniaturized dual band implantable folded dipole antenna with multiple L-shaped conducting sections is designed using CST microwave suits for operation in the WMTS band is 1.5GHz and ISM band of 5.8GHz. High dielectric constant material Gallium Arsenide ( $\epsilon_r=12.94$ ) and folded geometry helps to design compact antennas with a small footprint of  $2.84 \text{mm}^3$  ( $1 \times 4.5 \times 0.63$ )  $\text{mm}^3$ . Four-layer human tissue model was used, where the antenna was implanted in the skin model at depth of 2mm. The 10-dB impedance bandwidth of the proposed compact antenna at 1.5GHz and 5.8GHz are 227MHz (1.4-1.63GHz) with  $S_{11}$  is -22.6dB and 540MHz (5.47-6.02GHz) with  $S_{11}$  is -23.1dB, whereas gains are -36.9dBi, and -24.3dBi, respectively. The output DC voltage and power of the rectenna using two stage voltage doubler rectifier (VDR) are twice that produced by the single stage at input RF power of 10dBm.

**Keywords**—Implantable rectenna; Folded Dipole Antenna FDA; Phantom tissues layers; CST suit; Simulation

## I. INTRODUCTION

IN recent years, growing global demand for clean renewable energy is a vital issue with major economic and social implications for our planet's future [1]. Therefore, the energy harvesting has become very important to collect energy from surrounding environments. Energy harvesting sources may be captured from the ambient environment or external [2]. Ambient energy is the process by which energy is derived from external sources [3], such as solar energy [4], wind energy [5], thermal energy [6], vibration-sourced piezoelectric [7], and electromagnetic ambient signals which involves radio-frequency RF energy [8], near electromagnetic field [9], and far-field electromagnetic signals [10]. The constant source of energy harvesting is the sun that captures rays by using solar cells. The cells represent the green energy that protects the environment from pollution. But the limitations of solar cells are little efficiency. Therefore, there are other solar inverter alternatives, such as radio frequency (RF) energy harvesting [11]. The main focus of this paper is on using miniaturized implantable rectenna for energy harvesting applications which used to capture environmental RF signals and convert them to DC voltage to drive low-power biomedical electronic devices such as implantable medical devices (IMDs)

[12], wireless sensor networks [13], wireless energy harvesting [14], and wireless power transmission (WPT) [15].

The IMD devices have recently attracted the attention of scientists due to people are increasingly using these devices such as pacemakers [16], pill cameras [17], artificial arms, and measure human blood pressure and sugar in real time [18] as a result of recent advancements in the health-care system and specially after COVID 19 occurrence. Wireless charging is required for IMD devices that are implanted in the human body.

There are several challenges in the development of biomedical devices IMDs, which have been studied in depth in recent years with RF energy harvesting. As a result, this article focuses on antenna design and characterization in the presence of the human body, as well as introducing new antenna designs that handle some of the existing challenges, such as miniaturization, efficiency, frequency detuning, Patient safety and phantom tissues, Biocompatible, and integration. Also, In order to improve the performance of the implant antenna inside human tissue, It should be taken into consideration the interaction between embedded antennas and biological tissues which represent electrical permittivity ( $\epsilon$ ) and electrical conductivity ( $\sigma$ ) [19]. Several structures of the implantable antennas design can be used to get miniaturization process such as serpentine [20], and spiral structure [21] is developed by Le Trong in 2021 [22] by using an open-ended slot at the ground for human head-implantable wireless communications utilizing a triple band antenna. Meander structure is reported in [23] and developed by Nikta in 2021 [24], fractal geometries [25], Flower-shape radiating patch [26], Circular Maze shaped [27], and several geometries shaped radiator are suggested in [28][29][30] for energy harvesting applications. The materials with a high  $\epsilon$  of substrate, loading, and resonance frequency are techniques used to achieve miniaturization.

This paper presents; a compact dual band implantable planar dipole antenna design for medical applications with a small footprint of  $2.835 \text{mm}^3$  ( $1 \times 4.5 \times 0.63$ )  $\text{mm}^3$  and the  $1 \mu\text{m}$  thickness of the patch folded geometry. The proposed L-section planar dipole antenna operated at WMTS 1.5GHz for transmission of data (biotelemetry), and ISM 5.8GHz band which can wireless power transfer to drive IMDs devices. CST microwave studio was chosen to design and simulate the antenna. The simulated 10-dB impedance bandwidths in a four tissue layer phantom at 1.5GHz and 5.8GHz are 227MHz (1.4-1.63GHz) with  $S_{11}$  is -22.6dB and 540MHz (5.47-6.02GHz) with  $S_{11}$  is -23.1dB, whereas gains are -36.9dBi, and -24.3dBi, respectively. This

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implant FDA antenna can be integrated with QW-ASAPT rectifier diode to be used as an implantable rectenna circuit.

## II. IMPLANTABLE ANTENNA DESIGN

Computer Simulation Technology (CST) microwave studio is used for the antenna design process [31]. Fig. 1. shows the basic model of the implant L-shaped planar dipole. All the optimized parameters are marked in Fig. 1 and detailed in table I. The antenna consists of two symmetrical radiating arms connected to a 50Ω feed discrete port. Each dipole arm flexes elaborately in a folding pattern that helps reduce the physical length of the antenna. Unlike typical folded dipoles, the developed antenna is not designed as a closed loop. We chose an open ended instead, as it offers great freedom to modify the antenna impedance and miniaturization capabilities. The FDA is implanted on the phantom consisting of four layers. The radiating planar structure is mounted on a high-permittivity dielectric substrate (Gallium arsenide,  $\epsilon_r=12.94$ ,  $\tan\delta=0.006$ ) of 0.63mm thick semi-insulating GaAs substrate ( $h_s$ ) and covered with an identical glue ( $h_{glue}$ ) and superstrate ( $h_{super}$ ) layer. Considering now antenna implantation into human arm skin, we employ a 4-layered tissue model consisting of skin, fat, muscle, and bone. The antenna is placed 2mm beneath the skin–air interface with its long axis parallel to it. Taking into account fabrication issues including glue layer ( $\epsilon_r=3.5$ ) of thickness 0.05 mm, superstrate layer of 0.63mm thick, gold metallization cladding 0.001mm and port feeding. The feed slot width (F) remained 0.1mm. In addition, a non-uniform metal strip widths of the main and secondary arm ( $w$  and  $t$ ) were used along the antenna structure varying from 0.01 to 0.07mm in order to enhance effective antenna dimensions.

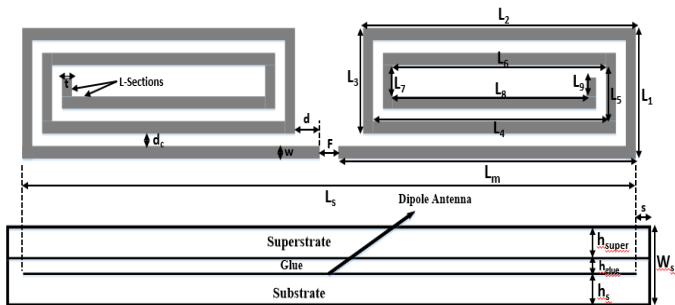


Fig. 1. Geometry of the 1×4.5mm<sup>2</sup> implantable FDA antenna structure with main and secondary L-section arms

TABLE I  
OPTIMIZED DIMENTIONS OF THE PROPOSED ANTENNA

Parameter	Value [mm]	Parameter	Value [mm]
$L_s$	4.5	$L_8$	1.825
$W_s$	1	$L_9$	0.3
$L_m$	2.15	F	0.1
$L_1$	0.9	s	0.05
$L_2$	2.125	d	0.075
$L_3$	0.8	$d_c$	0.05
$L_4$	2.025	$w = t$	0.05
$L_5$	0.7	$h_s = h_{super}$	0.63
$L_6$	1.925	$h_{glue}$	0.05
$L_7$	0.9	$h_c$	0.001

The antenna structure consisted of a main conductive strip element and multiple L-shaped loading sections (strip-line width  $t = 0.05$  mm) in each dipole arm, as shown in Fig. 1 and

described in Table I. The four cases of L-type loaded antenna models are considered, respectively. All cases are designed to resonate at 1.5GHz and 5.8GHz with constant aperture width of ( $W_s=1$  mm) and variable aperture length ( $L_s$ ) depending on the number of applied L-sections. Feeding gap length (F) is kept constant throughout the analysis. Conductor spacing ( $d_c$ ) and substrate gap (s) also remain stable. Furthermore, in each antenna model, the geometrical value regulating dipole arms coupling is optimized until the magnitude of the reflection coefficient ( $S_{11}$ ) is below -15dB at the proposed dual bands. Performance characteristics such as antenna input impedance ( $Z_{Ant}$ ), 10-dB impedance bandwidth (BW), and radiation efficiency ( $\eta_{rad}$ ) corresponding to the cases examined are listed in table II.

TABLE II  
PERFORMANCE CHARACTERISTICS OF THE PROPOSED ANTENNA WHEN OPERATION IN DUAL BANDS 1.5GHz AND 5.8GHz

Antenna Size [mm <sup>2</sup> ]	No. of L-section / Trace length [mm]	$S_{11}$ [dB] 1.5GHz 5.8GHz	Gain [dBi] @ 1.5GHz @ 5.8GHz	B.W [MHz] @ 1.5GHz @ 5.8GHz	$\eta_{rad}$ [%] @ 1.5GHz @ 5.8GHz	$Z_{Ant}$ [Ω] @ 1.5GHz @ 5.8GHz
1 × 3	8 / 28	-29 -32	-39 -25.3	218 495	0.01 0.15	48+j*3.6 51+j*0.15
1 × 4.5 Proposed	4.5 / 26	-22.6 -23.1	-36.91 -24.3	227 540	0.013 0.17	58+j*2 57+j*2.4
1 × 7	3 / 29	-12 -21	-34.4 -24.7	255 570	0.021 0.182	86+j*1.2 60-j*0.4
1 × 9	2.5 / 32	-11 -13	-33.8 -24.5	290 590	0.023 0.2	91-j*0.57 77-j*8.6

Of note, it is observed from table II. The numerical results show that as the resonant dipole length decreases, the radiation efficiency degrades substantially. The (1×4.5) mm<sup>2</sup> antenna with 4.5 L-shaped sections has a minimum total trace length about 26.7mm which achieves size reduction of the proposed antenna dimensions in this work and explained in Fig. 1. Size reduction by 5% (eight L-type case), 8% (three L-type case), and 17% (2.5 L shaped section) relative to the 4.5 L-type configuration reduces radiation efficiency by 23%, 38%, and 44%, respectively. It is worth noting that the trace length for the 4.5 L-section case is 26.7 mm, while a simple straight dipole antenna is about 55 mm long is estimated by Eq. (1), both resonating at 5.8 GHz. The proposed planar loaded model is in fact a significantly shorter length (51% drop in physical length) relative to the straight configuration.

$$L_s = \frac{c}{2 * f * \sqrt{\epsilon_{eff}}} \dots\dots\dots (1)$$

Where  $L_s$  is the effective length of the folded dipole radiator,  $c$  is the speed of light,  $\epsilon_{eff}$  is the effective dielectric constant of the substrate materials, and  $f$  is the operating frequency. Also, of note, the  $Z_{Ant}$  was extracted at proposed dual operating frequency. The 1×4.5mm<sup>2</sup> antenna has an  $Z_{Ant}$  at proposed bands are (58+j\*2) Ω and (57+j\*2.4) Ω respectively. The dependency of  $Z_{Ant}$  on the frequency provides a capacitive or inductive response at different frequencies. In this work, the antenna behaves inductively. It is observed that a 1×9mm<sup>2</sup> antenna with 2.5 L-shaped section operating at dual band has a  $\eta_{rad}$  of 0.023% and 0.2%. The gain of the proposed implant antenna is very low about -36.91dB and -24.3dB for dual bands, with a severely decreased  $\eta_{rad}$  of 0.013% and 0.17%, as a result of the antenna's reduction in size to 4.5mm<sup>2</sup>. In general, tradeoffs between tiny

size, reasonable gain, and radiation efficiency are required when the dipole geometry forms [32][33].

### III. FURTHER OPTIMIZATION AND DISCUSSION

To check the mechanism of operation and improve the performance of the implanted antenna, some parameters are further analyzed.

#### A. Variations in the main and secondary arm width ( $w$ and $t$ )

The effects of the both dimension main and secondary ( $w$ , and  $t$ ) respectively of the antenna's arm width on the real part and imaginary part of our antenna impedance and reflection coefficients  $S_{11}$ . It has been found that changes in the width ( $w$ ) significantly affect the real part of the  $Z_{Ant}$  ( $R_{Ant}$ ) as shown in Fig. 2. while having a negligible effect on the imaginary part ( $jX_{Ant}$ ). Similarly, the reactive value of the  $Z_{Ant}$  is greatly influenced by the width ( $t$ ), allowing for the independent optimization of the  $R_{Ant}$  and  $jX_{Ant}$  of the folded antenna. The peak of  $R_{Ant}$  drops from high value of impedance nearly  $600\Omega$  to about  $200\Omega$  at  $w$  of  $10\mu\text{m}$  and  $70\mu\text{m}$  respectively when operating at the frequency of  $2.45\text{GHz}$ , attributed to the smaller resistance associated with wider antenna arms. This was done while maintaining the width ( $t$ ) at  $50\mu\text{m}$  for operation at the proposed dual bands, thus the effect of each parameter is examined separately. Then, the effect of width ( $t$ ) to antenna impedance has been taken with the width ( $w$ ) is constant. Fig. 3 shows the effect of ( $t$ ) on the imaginary part. It is clear from this figure that the effect ( $t$ ) to the  $jX_{Ant}$  is greatly influenced.

According to Fig. 4, to make the  $S_{11}$  less than  $-15\text{dB}$  in the desired resonant dual band, the dimensions ( $w$ ,  $t$ ) of the antenna are selected as  $50\mu\text{m}$ . It is observed that the effect widths to  $S_{11}$  at the frequency  $5.8\text{GHz}$  is greatly influenced. The  $S_{11}$  is shifted to lower or higher than the frequency  $5.8\text{GHz}$ .

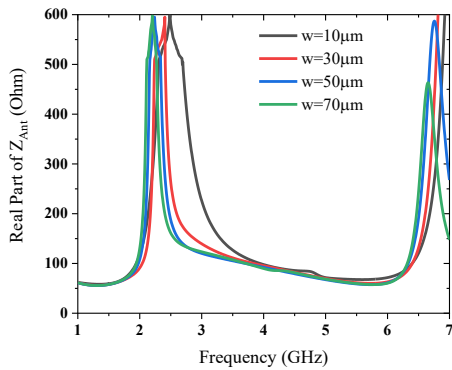


Fig. 2. Effects of the main arm dimension ( $w$ ) on real part of  $Z_{Ant}$

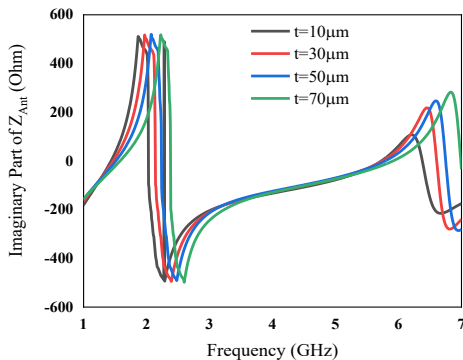


Fig. 3. Effects of the secondary arm dimension ( $t$ ) on imaginary part of  $Z_{Ant}$

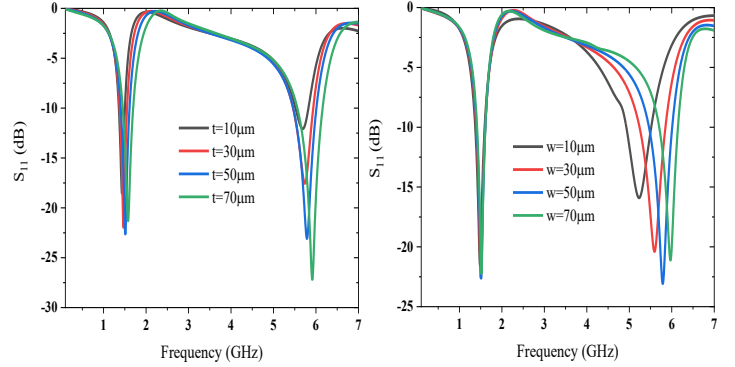


Fig. 4. Effects of the main and secondary arm dimension ( $w$  and  $t$ ) on the proposed antenna: (a)  $S_{11}$  with varied  $w$ , (b)  $S_{11}$  with varied  $t$

#### B. Effect of the antenna depth inside human skin model

As mentioned above, the proposed planar dipole antenna is operated at dual bands and is implanted inside human tissue layers (skin, fat, muscle, and bone). In this section, the effect of the antenna depth inside the human skin model has been taken into consideration to reflection coefficient  $S_{11}$ . Fig. 5 shows this effect to  $S_{11}$  of the antenna operation in dual bands ( $1.5\text{GHz}$  and  $5.8\text{GHz}$ ). It is noted that the antenna depth inside the human's skin arm model is greatly affected at  $5.8\text{GHz}$ . The optimized antenna depth is selected  $2\text{mm}$  inside the skin arm model.

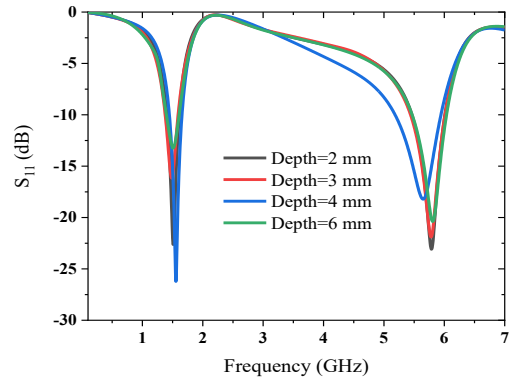


Fig. 5. Effect of the proposed antenna depth to the magnitude of the reflection coefficient  $S_{11}$

#### C. Effect of the distance ( $d$ ) and gold metallization thick ( $h_c$ )

The variations of the distance ( $d$ ) between the discrete port feeding and folded planar L-shaped of the secondary arm has been taken and effected to magnitude of the reflection coefficient  $S_{11}$ . Fig. 6 explains that the  $d$  is varied from  $75\mu\text{m}$  to  $125\mu\text{m}$  and it is noted at  $d=125\mu\text{m}$ , the performance of the proposed antenna is very poor. Therefore, the optimized value of ( $d$ ) is  $75\mu\text{m}$ . Also, another important parameter is affected by the performance of the antenna designed in this study. It is gold metallization thickness called ( $h_c$ ) that changed from  $1\mu\text{m}$  to  $35\mu\text{m}$ . The effect of the thickness  $h_c$  to the reflection coefficient  $S_{11}$  at resonant frequency of  $5.8\text{GHz}$  is more than it's affected at another resonance frequency of  $1.5\text{GHz}$ . Fig. 7 shows the effect of the gold metal cladding  $h_c$  to magnitude of the  $S_{11}$  at dual

bands. It is observed that the optimized value of the gold metal thickness has been applied is  $1\mu\text{m}$  because it gives a good magnitude of  $S_{11}$  at dual resonance frequencies.

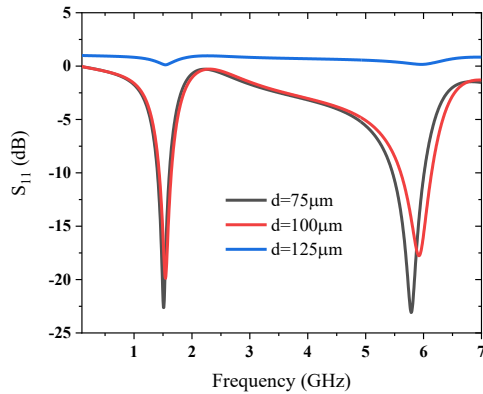


Fig. 6. Effect of the distance ( $d$ ) between discrete port feeding and folded arm to magnitude  $S_{11}$

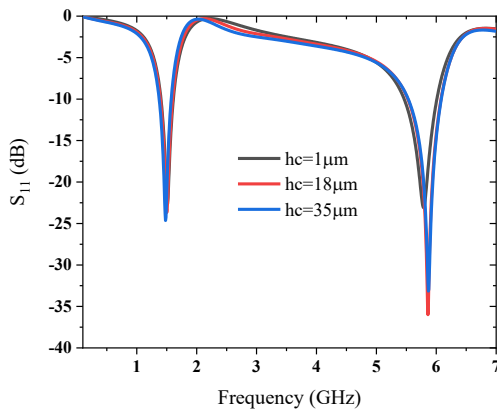


Fig. 7. Effect of the gold metallization thickness ( $hc$ ) to magnitude of  $S_{11}$

CST microwave studio was chosen to design and simulate the antenna. Several performance parameters were taken, such as the operating resonant frequency, gain, the return loss, radiation pattern, specific absorption rate (SAR). In this section, we can divide the results in two ways. The far-field and near field simulation results.

Optimized parameter values of the planar L-shaped dipole antenna when implanted into the skin tissue of the arm model at a depth of 2mm are reported and listed in Table 1. The overall size of the proposed antenna is  $2.835\text{ mm}^3$  ( $1 \times 4.5 \times 0.63$ )  $\text{mm}^3$ . Fig. 8 shows the simulated reflection coefficient dual frequency response of the planar FDA antenna. According to reflection coefficient characteristics of the proposed implantable dipole antenna. The antenna exhibits a simulated 10-dB impedance bandwidths in a 4-layer phantom at 1.5GHz and 5.8GHz are 227MHz (1.4-1.63GHz) with  $S_{11}$  is -22.6dB and 540MHz (5.47-6.02GHz) with  $S_{11}$  is -23.1dB respectively.

The simulated far-field gain pattern when the proposed dual band antenna is implanted into the arm skin tissue is presented in Fig. 9. The maximum 3D gains and E-plane, H-plane radiation pattern are calculated to be -36.9dB, and -24.3dB for the dual resonance frequency bands 1.5GHz and 5.8GHz respectively. The electromagnetic power absorbed by the skin tissue at the proposed dual resonance frequencies is evaluated using SAR analysis. The simulated maximum 1-g and 10-g average SAR values are 426.5 and 96.8 W/kg respectively,

when the proposed antenna is delivered 1W. However, according to IEEE regulations, the maximum 1-g and 10-g average SAR are both limited to values of less than 1.6 and 2 W/kg, respectively.

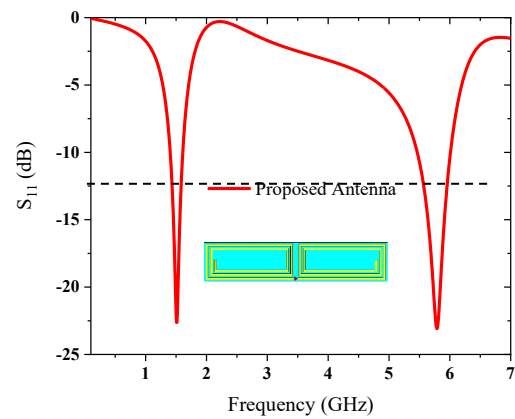


Fig. 8. Reflection coefficient  $S_{11}$  characteristics of the proposed implantable dipole antenna

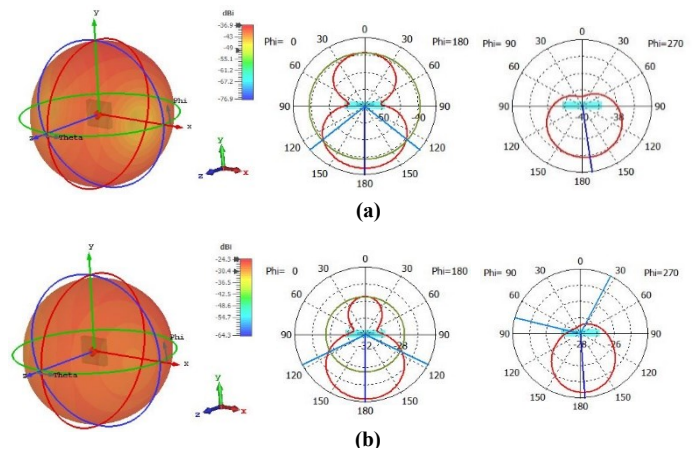


Fig. 9. Simulated far-field gain and E-plane, H-plane radiation pattern of the proposed dipole antenna implanted inside the human arm skin model at (a) 1.5GHz, (b) 5.8GHz

#### IV. RECTIFIER CIRCUIT DESIGN AND DISCUSSION

Due to low conversion efficiency  $\eta_{\text{rad}}$  and power gain of the antenna as explained and listed in table 2. To eliminate these, the voltage doubler rectifier (VDR) circuit was used which consists of two tunnel diodes  $D_1$  and  $D_2$  ( $100\mu\text{m}^2$  QW-ASPAT) and input/output filters. The schematic diagram of the proposed rectenna circuit is shown in Fig. 10 and it comprises antenna, VDR, and load resistance ( $R_L$ ). The QW-InGaAs ASPAT diodes were designed and analyzed by using SILVACO ATLAS software. The DC and RF characteristics of this diode have been simulated at zero bias voltage with different mesa size devices  $16\mu\text{m}^2$ ,  $36\mu\text{m}^2$ , and  $100\mu\text{m}^2$ . In DC mode, the ASPAT ( $D_2$ ) is forward biased during the negative half cycle, the ( $C_2$ ) is charged to peak amplitude voltage received. For the positive cycle, the  $D_1$  is ON, then the  $C_2$  will be holding double amplitude. The DC simulation of the QW-InGaAs ASPATs is shown in Fig. 11.



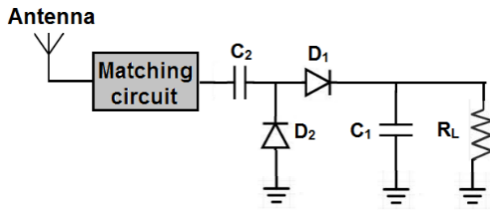


Fig. 10. The schematic of the rectenna circuit design

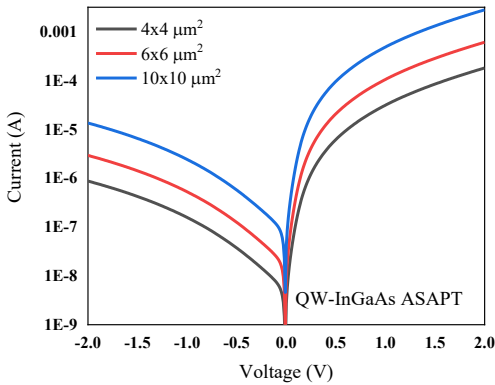


Fig. 11. DC characteristics of the QW ASPAT tunnel diode

The key parameters of the  $10 \times 10 \mu\text{m}^2$  QW-ASPAT device are curvature coefficient ( $K_v$ ), junction resistance ( $R_j$ ), junction capacitance ( $C_j$ ) and series resistance ( $R_s$ ). These parameters extracted from the both DC and RF characteristics are  $33\text{V}^{-1}$ ,  $206\text{k}\Omega$ ,  $65.6\text{fF}$ , and  $53\Omega$  respectively.

V. RECTENNA CIRCUIT DESIGN AND ANALYSIS

As mentioned above, the proposed antenna is implanted inside human's arm and can be used for low power implantable medical devices. The overall volume size of the compact proposed FDA antenna is  $2.84\text{mm}^3$ . The QW-ASPAT device with 10MLs thin barrier thickness has been used as a rectifier diode in the rectifying circuit and integrated with the antenna. The matching between the input impedance of the antenna and rectifying circuit can be achieved, when the real part of the both devices are similar and the imaginary part is cancelled at a specific frequency. Fig. 12 describes the  $S_{11}$  parameter for the antenna designed in CST and circuit model in ADS library. Fig. 13 shows the equivalent circuit model of the compact rectenna circuit which integrated the antenna with QW-ASPAT rectifier diode. The  $1 \times 4.5\text{mm}^2$  antenna impedance ( $Z_{Ant}$ ) obtained previously are  $(58 + j*2)\Omega$  and  $(57 + j*2.4)\Omega$  for dual band respectively and listed in table 2. The input impedance ( $Z_{in\ ASPAT}$ ) of this diode is dependent on resonant frequency,  $R_s$ ,  $R_j$ , and  $C_j$ . The  $Z_{in\ ASPAT}$  can be calculated mathematically by expression in Eq. (2).

$$Z_{in(QW-ASPAT)} = R_s + \frac{1}{1 + w^2 C_j^2 R_j^2} - j \frac{w C_j R_j}{1 + w^2 C_j^2 R_j^2} \dots\dots\dots (2)$$

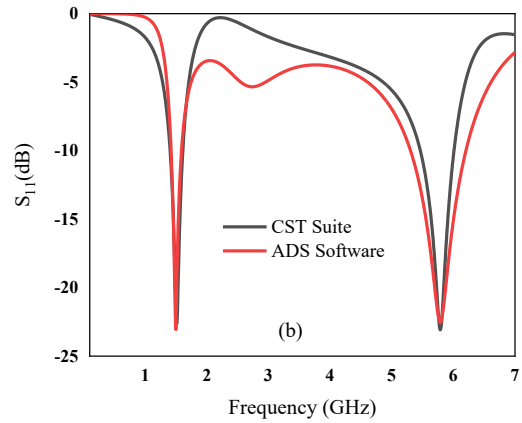


Fig. 12. The  $S_{11}$  parameter of the antenna by both software ADS and CST

The impedance  $Z_{in(QW-ASPAT)}$  of the  $100\mu\text{m}^2$  size device are  $(65 - j*1620)\Omega$  and  $(53 - j*418)\Omega$  for dual band 1.5GHz and 5.8GHz respectively. In order to achieve perfect matching between QW-ASPAT diode and antenna, we must calculate the input impedance of the VDR circuit  $Z_{in(VDR)}$  that contains the QW-ASPAT diodes ( $D_1$  and  $D_2$ ). The  $Z_{in(VDR)}$  for proposed dual bands are  $(56 - j*915)\Omega$  and  $(58 - j*236)\Omega$  respectively at input power of the antenna is 10dBm. It observed from results that the real part impedance of the antenna and VDR circuit are matched compared with different imaginary parts. The reactance part can be cancelled by adding an input matching network which is constructed on the ADS library. Fig. 14 shows the simulated return loss at dual bands of the matching response between the proposed planar  $4.5\text{L-section } 1 \times 4.5\text{mm}^2$  dipole antenna and the QW-ASPAT diodes. The rectenna circuit exhibited reasonable matching performance at an input RF power of 10dBm as well.

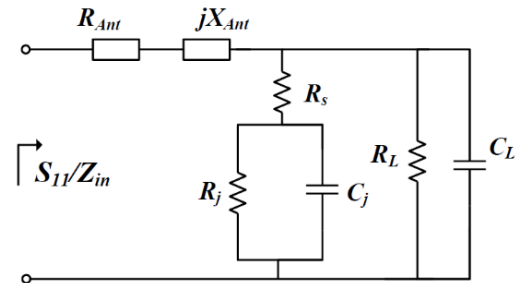


Fig. 13. Implantable rectenna equivalent circuit model

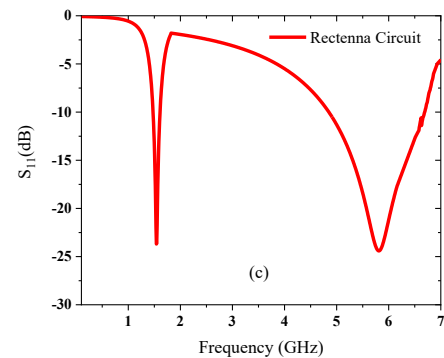


Fig. 14. Return loss of the implantable proposed rectenna circuit model

The DC voltage component at the output termination is acquired by the  $R_L$  and  $C_L$ . Of course, a higher  $R_L$  results in a higher output voltage. The DC output voltage which is provided

from the implantable rectenna circuit is used to wireless power transfer to implantable medical devices inside the human arm model. Fig. 15 shows the DC-output voltage ( $V_{out}$ ) and power ( $P_{out}$ ) of the rectenna model by using single and double stage of the VDR circuit at optimum  $R_L$  of  $10k\Omega$ .

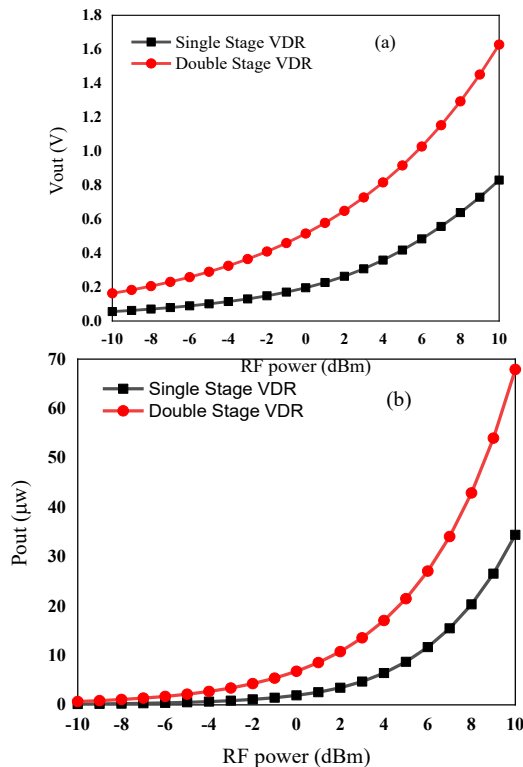


Fig. 15. The DC output voltage and power of the rectenna circuit with single and double stage VDR circuit at frequency of 5.8GHz for (a), and (b) respectively

## VI. CONCLUSIONS

A dual band miniaturized fully integrated rectenna circuit for implantable medical devices has been designed and analyzed inside a skin human's arm model for WMTS (1.5GHz) and ISM (5.8GHz) bands operation. The proposed L-shaped planar dipole antenna (FDA) exhibits a simulated 10-dB impedance bandwidth at 1.5 GHz and 5.8GHz are 227MHz (1.4-1.63GHz) with  $S_{11}$  is -22.6dB and 540MHz (5.47-6.02 GHz) with  $S_{11}$  is -23.1dB, whereas gains are -36.9dBi, and -24.3dBi, respectively. The overall physical volume of the FDA is  $2.84 \text{ mm}^3$  which occupies the smallest volume of all, it presents one of the best combinations of size. Additionally, the antenna produces a far-field radiation pattern that is almost omnidirectional. The tunnel  $100\mu\text{m}^2$  QW InGaAs ASPAT diode has been designed by SILVACO software and it was used as a rectifying circuit to convert RF power to DC voltage for charging medical devices. The voltage doubler rectifier (VDR) circuit was used as a single and double stage, the DC output voltage and power of the rectenna for double stage rectifiers are twice that produced by the single stage at the input RF power of 10dBm. We can observe that the effective folded approach used within the dipole structure improves the miniaturization of the planar antenna while also offering equivalent performance characteristics to recently implanted antennas reported in the literature review by table III.

TABLE III  
PERFORMANCE COMPARISON OF LITERATURES REVIEW WITH RESPECT PROPOSED ANTENNA CHARACTERISTICS

Ref. Year	Proposed Antenna Structures	Resonant frequency [GHz]	Gain [dBi]	B.W [MHz]	Dimension [mm]
[20] 2018	Miniaturized DGS serpentine.	ISM 2.4-2.48	-11	762	$44 \times 6 \times 0.78$
[21] 2020	Microstrip patch with spiral split rings.	0.915 ISM 0.433	-38.8 -38.1	68.3	$14 \times 14 \times 3$
[22] 2021	Compact triple-band implant spiral structure	0.402 WMTS 1.4 ISM 2.45	-23 -20.5 -19	93 202 444	$\pi \times (11.2)^2 \times 0.5$
[23] 2018	Compact Meander structure	0.401-0.406	---	133	$30.5 \times 21.02 \times 1$
[24] 2021	Meandered triple-band PIFA structure	0.402 0.902 2.4	-43.6 -25.8 -20.1	90 ---	$11 \times 20.5 \times 1.8$
[25] 2020	Dual-band fractal geometry antenna	MICS 0.4 ISM 2.45	-28.1 -31.3	22.8 13.1	$9.5 \times 9.5 \times 0.6$
[26] 2018	Flower-shape dual band patch	0.928 ISM 2.45	- 28.44 -25.65	184.1 219.7	$7 \times 7.2 \times 0.2$
[27] 2021	Miniaturized circular maze shaped antenna	ISM 2.42-2.48	-23	286	$7 \times 7 \times 0.1$
[28] 2019	Novel meander integrated E-shaped.	ISM 2.2-2.5	3.78	370	$60 \times 60 \times 4.6$
[29] 2020	Compact hexagonal shaped microstrip patch	ISM 2.45	6.14	230	$100 \times 100 \times 1.6$
[30] 2020	Compact pentagon-shaped microstrip patch	ISM 2.45	8.02	240	$100 \times 100 \times 1.6$
[34] 2021	Implantable circular-shaped meandered PIFA.	ISM 2.43	-9.49	61.24	$\pi \times (7.5)^2 \times 1.5$
[35] 2021	implant Multilayer PIFA meandering	MICS 0.402-0.405	-21	20	$12 \times 7 \times 3.94$
[36] 2021	Rectangular microstrip patch loaded with F shaped slot.	ISM 2.4-2.48	12	300	$13 \times 16 \times 1$
[37] 2019	Multilayer PIFA Archimedean spiral	0.403 ISM 0.435	-38 -40.1	35 50	$\pi \times (5)^2 \times 0.76$
[38] 2021	Circular dual-band implantable antenna	0.400 ISM 2.45	-33.1 -14	153 422	$\pi \times (10)^2 \times 2.5$
[39] 2020	Dual-band implant PIFA antenna	ISM 2.45 ISM 5.2	3.77 2.53	136.3 73	$10 \times 9.5 \times 1.5$
[40] 2018	Microstrip patch with a short pin	ISM 2.4	-20.8	350	$11 \times 11 \times 0.6$
[41] 2019	Circular shaped fractal-patch with DGS structure	2.45 4.22	-20.8 -35.1	2570 ---	$40 \times 40 \times 1.6$
This Work	Implantable planar L-Shaped FDA antenna	WMTS 1.5 ISM 5.8	-36.9 -24.3	227 540	$4.5 \times 1 \times 0.63$

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